

HIGH-RISE FIREFIGHTING Evidence based Research 1990-2019





Paul Grimwood PhD, FIFireE Kent Fire and Rescue Service





Kent Fire & Rescue Service

Borders onto Essex, London, Surrey, Sussex and Calais France, Fire Service Areas



Kent Fire & Rescue Service

County Area 3,544 km²

23,047 Call Outs in 2018 from 56 Fire Stations

413 people/km²

67 High-rise residential buildings between 10 and 20 storeys



Kent Fire & Rescue Service

A German fire chief once said that the most important room in a fire building is the stairwell!

HE WAS RIGHT!

Stairwell protection is a critical strategy in a successful firefighting operation, in an occupied building involved in fire.

Stay Put Policy - 113 Grenfell Tower residents Gave Evidence 3rd October to 9th November 2018 inclusive



HUMAN BEHAVIOR RELATED TO FIRES IN TALL RESIDENTIAL BUILDINGS



The attack stair is the worst place for residents to evacuate into unless it's kept free of smoke



In **1995**, six people died in the stairway of a burning high-rise apartment building in Ontario, Canada. In **1998**, New York City, four people were killed in a smoke-filled stairway on the 27th floor during a high-rise apartment fire. In Chicago, **2003**, six office workers were killed in a smoke-filled stairwell attempting to escape fire in a high-rise building.

Within eight years, 16 building occupants had died in fires in Chicago, New York City and Toronto; the victims shared one common fate with three primary factors — they were all found in the attack stair, they were well above the fire floor and all died of carbon monoxide (CO) poisoning. Six occupants die in a Chicago fire attack stair overcome by smoke as firefighters take hose-lines from the rising main through the stair door in 2003 – but this was actually an evacuation stair!



10th Avenue Fire New York City 2014

The victims lived on the 38th floor, far above the fire. They decided to evacuate with their two dogs, and started down one of the two stairwells.

They made it as far as the 31st floor, where they were overcome by smoke.

The fire was burning in a small apartment on the 20th floor, but had not spread.

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Firefighters, coming up the same stairwell the victims were using, entered the fire floor, and opened the stair doors and the apartment door, sending the smoke up as if through a chimney. One of the men and both dogs died. The residents were evacuating in the firefighting attack stair whilst the evacuation stair remained relatively smoke free.

REVERSING A 'STAY-PUT' STRATEGY

It's true that National Operational Guidance and GRA 3.2 require all FRSs to formulate a plan to reverse a stay put strategy, where necessary. However, there are many factors that serve as a **disconnect** between building design and firefighting procedure, preventing any viable means of doing so.







TWO SERIOUS HIGH-RISE FIRES IN 2001 IN KENT CHANGED HOW WE APPROACH SUCH FIRES











Adequate fire protection (compartments/sprinklers)	?
Adequate resources, personnel and appliances	
Adequate fire-fighting access and facilities	?
An effective pre-plan (SOP)	?
Well trained and prepared commanders	?
Well trained and equipped firefighters	?
To be familiar with all building types	?
A well developed situational awareness in the importance of supporting and protecting access and egress routes for self-evacuation to take place	?

WHAT KEY FACTORS ARE NEEDED FOR AN EFFECTIVE HIGH-RISE FIRE-FIGHTING OPERATION?



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Adequate resources, personnel and appliances	
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KENT FRS HIGH-RISE FIREFIGHTING DEVELOPMENTS 2003-2019



- 1. ATTACK FROM THE FIRE FLOOR 2003
- 2. TRAINING 97 COMMAND OFFICERS 2010-11
- 3. R.I.C.E COMMAND DECISION TOOL 2010
- 4. STAIRWELL SEARCH TEAMS 2010
- 5. RE-LOCATE RISING MAIN OUTLETS 2010
- 6. VENTILATION OF EXTENDED CORRIDORS AND STAIRS 2011
- 7. ADEQUATE FIREFIGHTING WATER 2014
- 8. 51mm ATTACK HOSE 2014
- 9. 150mm TWIN-DUTLET RISING MAINS 2015
- 10. STAIRWELL PROTECTION TEAMS 2019

Adequate fire protection (compartments/sprinklers)	?
Adequate resources, personnel and appliances	\checkmark
Adequate fire-fighting access and facilities	
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KENT FRS HIGH-RISE FIREFIGHTING 2-DAY COMMAND **SEMINARS 2010-11**



- Nine two-day command seminars over two years
- 97 Level 1 & 2 command officers trained
- Supporting self-evacuation was a key learning objective
- Six different external wall fire types were discussed at length
- A 90 minute Fire Studio exercise featured an external wall fire across eight storeys



SHANGHAI CHINA 2010 58 LIVES LOST





Potentially 6,000 existing UK buildings with combustible walls

Fire behaviour of modern façade materials -Understanding the Grenfell Tower fire -Journal of Hazardous Materials 368 (2019) 115–123 SIMULATED COMMAND AGAINST EXTERNAL WALL FIRES 2010



The Fire Studio simulation pitched KFRS Command Teams against a fast developing external wall fire. The prime objectives were to save life and save property. The teams were split into radio linked sectors including Lobby, Bridgehead, Exterior etc. It was a real-time exercise lasting 90 minutes. There was a 100% failure rate in the first two seminars



THE FIRE STUDIO EXERCISE FOR 97 KENT FRS COMMANDERS 2010



(R).I.C.E COMMAND DECISION TOOL







'ICE' was originally developed whilst training high-rise firefighters in the city of Kuala Lumpar in 2008 *As reported in the Journal - Gulf Fire 12/2015*



KENT FRS HIGH-RISE COMMAND MNEMONIC ICE (2010) RICE (2013)







Initially called 'ICE' where RESCUE was a branch off the INTERVENTION header



External observations, internal reconnaissance and situational awareness **CONTAINMENT EVACUATION** RESCUE INTERVENTION (Actions to limit internal (Life Safety (Firefighting (Primary OR and external fire **Compartment Entry**) Secondary) Intervention) development & spread) R

The primary objective of RICE is to simplify initial decision making but also to make EVACUATION and CONTAINMENT part of the critical decision making process, and not just an afterthought.




















R.I.C.E Tactical Command Tool

RESCUE INTERVENTION CONTAINMENT EVACUATION



- Simple mnemonic for primary command
- Rapid decision making onscene
- Supports analytical thought process
- Assists when in 'Information Overload'
- Intervention may not be the first option

This tool was seen to increase situational awareness amongst 97 KFRS officers by 33% in exercises.





R.I.C.E. AS AN ANALYTICAL COMMAND MNEMONIC



STAIRWELL PROTECTION KENT FRS











150mm Rising mains with twin outlets at each floor level, located away from the stairwell



Within one metre of the stair door



150mm Rising mains with twin outlets at each floor level, located away from the stairwell



Advantages of Rising Main outlets sited away from the stair -

- Hose-lays are reduced in length and are easier to manage.
- Firefighters are exposed to less stress and breathing apparatus will last longer.
- The stair door in residential buildings remains closed and smoke infiltration into the stair is dramatically reduced.
- Where occupants are self-evacuating, particularly but not solely in single stair buildings, the vertical escape routes are relatively clear of smoke and tenable throughout firefighting operations.

DUBLIN FIRE BRIGADE HIGH-RISE OPS

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Photograph © Trevor Hunt Dublin Fire Brigade 2019

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'Floor below Nozzle' (Wind Driven Fires)



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Department for Communities & Local Government



Fire and Rescue Authorities Operational Guidance



GRA 3.2 - Fighting fires In high rise buildings





NATIONAL HIGH-RISE FIREFIGHTING GUIDANCE GRA 3.2 2008 (2014)



'In circumstances where teams need to work in an area above the bridgehead which is not affected by fire or smoke and the Incident Commander has confirmed that the building's construction and any fire engineered solutions have not been compromised, teams can be committed without respiratory protective equipment.

These teams must maintain communication and a Safety Officer must be deployed in the stairwell and be in contact with other Safety Officers and the Incident Commander outside the building'.

STAIRWELL PROTECTION TEAMS 2019 ROLES AND OBJECTIVES



- Patrol stairwells continuously from top-to-bottom to ensure that egress routes are safe and free of obstructions; monitor gas levels
- Search stairwells, corridors, lobbies and lifts for building occupants who may be trapped or are entering an untenable environment
- **Report** information about conditions at each floor to the incident commander
- Ensure the stairs are clear of smoke
- **Deploy to FSG calls** where required
- Manage occupant evacuation
 where required



WHERE INTERVENTION BECOMES THE PRIMARY STRATEGY



Prior to taking hose-lines from a rising main located in the stair, a check should be made for occupants **at least five floors** above the fire floor.

As soon as possible, on arrival of the third pump where viable, a **stair protection team** should be deployed above the fire floor where considered safe to do so.

Before allowing smoke to enter the stair, every effort must be made to prevent or reduce this by deploying **door smoke curtains** where possible.



KENT FRS STAIRWELL PROTECTION TEAMS 2019



Secondary Stairwell Protection Team deployment



KENT FRS STAIRWELL PROTECTION TEAMS 2019



Acute exposure guideline levels (AEGLs)

	Concentration (ppm)					
	10 min	30 min	60 min	4 hours	8 hours	
AEGL-1*	NR	NR	NR	NR	NR	
AEGL-2 [†]	420	150	83	33	27	
AEGL-3 [‡]	1,700	600	330	150	130	

Carbon Monoxide

Acute exposure guideline levels (AEGLs)

	Concentration (ppm)					
	10 min	30 min	60 min	4 hours	8 hours	
AEGL-1*	2.5	2.5	2.0	1.3	1.0	
AEGL-2 [†]	17	10	7.1	3.5	2.5	
AEGL-3 [‡]	27	21	15	8.6	6.6	

Hydrogen Cyanide

Photograph © London Fire Brigade 2019

Star Protection as a strategy – Evacuation .v. Rescue



'An advantage in strategically and tactically supporting any 'self-evacuation' that may already be occurring, is to enhance any later decision to reverse a 'stay-put strategy', as the natural command and stair deployment structure will already be in place and **less resources will be required**'.



280 Sq. METRES OF FIRE



IS THE MAXIMUM SIZED OFICE FIRE WE CAN DEAL WITH!



900 Square Metres – 1,500 L/min



900 Square Metres – 1,500 L/min



900 Square Metres – 1,500 L/min





he speed a fire develops in large open-plan

fires will not conform to typical flashover fire spread

ates commonly observed in smaller compartments

office compartments >150m2 is reasonably well

understood by experienced firefighters. Such

engineers in how fire may spread horizontally in

various ways throughout enclosures and by vertical

extension to involve multi-floor levels. Then, most

key structural elements are undertaken across the

importantly, detailing how heat transfer analyses into

Open floor space in office fires – Fire Spread Rates – Paul Grimwood IFP (IFE) Journal August 2018

Structural fire engineering: realistic 'travelling fires' in large office compartments

Paul Grimwood PhD FIFireE Principal Fire Engineer, Kent Fire and Rescue Service, reports

London 2004	• 24 m²/min • 29 mm/secon	bit will be seen to travel at a fin dover para arous open plan office floors. It has recently been suggested travel have some results of the second second second second second second because the second second second second second memory is a second second second second second second memory is a second second second second second second second memory is a second second second second second second second memory is a second second second second second second second second memory is a second second second second second second second second memory is a second se	building frame so that buildings involved in fire can be most effectively protected from disproportionate collapse whilst under fire attack. That is protected for a reasonable period of tims to enable occupants to escope and/or firefighters to undertake effective firefighting intervention and rescue. This creates a speciality role for the structural fire engineer, where prescriptive deign; coles might be considered inapplicable for the design of large, complex or tall structures. As an introductory taster's session to the MSC module, Professor their instructured once of the most recent academic research undertaken by Rein and hi students' (based on their earlier research published) ason' describing travelling fire greated in large open- plen office buildings. Other research into travelling fires undertaken by the University of Edinburgh has also been recently published). It has long been laxew by the fire savies, but more recently acknowledged by academics.
Chicago 2003	 15 m²/min 27 mm/second 	stefy and senior greational officers are more than encouraged to gain some insubalite experience. The mine-week module begins with an introduction of conductors are near than the senior of the senior of the minimum of conductors are senior. If the senior of the senior of the senior of the construct of the senior of the sen	(-yp m) take a much longer period of time than an instructances fully developed flashows fine before flaming combustion reaches the furthest will or use in effect the fire travel's across the surfaces of the finel load at a specific rate of gread, determined by various find configurations, compartment geometry by your and verification factors. This specific form of fire development has been noted by Rein's students for field model represents mobe temperatures, which decrease with distance from the next field (steely-state fire cone) due to mixing with air. Most importantly from a structural engineer's viewpoint, this has quantitative impacts on the amount and ages
	Les Angeles 1988 12th floor 1,625 m Surround central core Flee scred to more Flee scred to more	2400 mm 300 mm /s Fire took 66 minutes to travel 142.4 metres (average length of fire zone around a central core) Note: fusing the external wall of the compartment the zero rational central cen	The function of suppression would be fully of a 350 L/min hose-line within 4-5 minutes; or a 750 L/min hose-line within 7-8 minutes; of beginning a fire growth-curve.
Los Angeles	• 25 m ² /min	shington fire 15.3 m/Ymin 22 mm/S Slower ana Jased fire spread (200 m File 100 c usad 5/ a difference and a spread file on one difference and a spread file on one difference and a spread file on one	This rate of fire spread would reach tres of a 550 Umin hose-line within 7-8 minutes; or a 750 Umin hose-line within 10-11 minutes of beginning a fire growth-curve.
1988	• 36 mm/secon	20 mm/s Fee took 50 m utes to travel 80 me	This rate of fire spread would reach timits of suppressive capability of a 350 Umin base-line within 4-5 minutes, or a 750 Umin base-line within 7-3 minutes of beginning a fire growth-curve.
	Churchill Plaza fit Basingstoke 1991 8th Floor 1.07.3 m ² 100 per cent fice in Fite spread to invo upper floors	Undetermined - Fire was under sentilitied for over vor an hour prior to self- verting and subsequently being hearity wind driven under a fuel controlled burning regil regime Volvement Undet article controlled burning regil	Iven me

The research demonstrated that commercial office fires and industrial storage fires are likely to spread beyond any practical firefighting capability within the 8-12 minutes, where a fire growth curve is established.



Structural fire engineering: realistic 'travelling fires' in large office compartments

Paul Grimwood PhD FIFireE Principal Fire Engineer, Kent Fire and Rescue Service, reports

he speed a fire develops in large open-plan office compartments >>>0mia is reasonably well understood by experienced firefighters. Such res will not conform to typical flashover fire spread ates commonly observed in smaller compartments. but will be seen to travel at a far slower pace across pen-plan office floors. It has recently been sugg emative impacts on structural heat transfer to hose provided in the Eurocode and as such, is now ng to have greater influence on modern desig ready have some very tall buildin our skylines where fire resista m analysed in a way to account thodology, but it is perhaps both prudent and elevant that previous real fire experience is also esearched more closely by design engineers in orde Inder the expert guidance of **I** Rein and Dr Adam Sadowski (Imperial College) and guest speaker Dr Panos Kotsovinos (Arup was fortunate enough to take part in the 2008 MSc Module on Structural Fire Engineering bas at Imperial College London, where serving fire afety and senior operational officers are more than uraged to gain some invaluable experience The nine-week module begins with an introductio ire dynamics and fire spread followed by an estigation into the heat transfer mechanism tion, convection and radiation. The nechanical and thermal properties of steel and rete at elevated temperatures are described as the effect of thermal strains on simple struct ns. The MSc module introduces students to bo iptive and performance-based design accordin criptive and perfo o the Eurocode, concluding with an advanced putational design project using ABAQUS. The relevance of this teaching is to develop a

Technical Perspectives

engineers in how fire may spread horizontally in various ways throughout enclosures and by vertical extension to involve multi-floor levels. Then, most importantly, detailing how heat transfer analyses in key structural elements are undertaken across the building frame so that buildings involved in fire car be most effectively protected from dispropor collapse whilst under fire attack. That is prot for a reasonable period of time to enable of to escape and/or firefighters to undertake effective firefighting intervention and rescue. This creates a speciality role for the structural fire engineer, where prescriptive design codes might be considered inapplicable for the design of large, complex or tall structures. As an introductory 'taster' session to the MSc module. Professor Rein introduced some of the mos

All technical perspectives articles and features are sense check reviewed before publication for schedulers within for ISB tensoral additional area around Stankards music with any

recent academic research undertaken by Rein and hi students' (based on their earlier research published i 2011') describing travelling fire spread in large open plan office buildings. Other research into travelling fires undertaken by the University of Edinburgh ha also been recently published: It has long been know by the fire service, but more recently acknowledged by academics, that fires in large office compartments (>250 m²) take a much longer period of time than an nstantaneous fully developed flashover fire before flaming combustion reaches the furthest wall or area In effect the fire 'travels' across the surfaces of the fuel load at a specific rate of spread, determined by various fuel configurations, compartment geometry layout and ventilation factors. This specific form of fire development has been noted by Rein's students form two distinct zones form two distinct zones: (a) the near field and, (b) the far field. The far field model represents smoke temperatures, which decrease with distance from the near field

(steady-state fire zone) due to mixing with air. Most rtantly from a structural engineer as quantitative impacts on the an

The provision of automatic fire suppression systems or effective compartment size reductions by design in such premises may be critical.



THE HAZARDS OF SMOKE SHAFTS & AUTOMATED VENT OPENINGS TO FIREFIGHTERS





WHERE IS IT OK TO VENTILATE AN ACTIVE FIRE BUILDING?





WHERE IS IT OK TO VENTILATE AN ACTIVE FIRE BUILDING?





WHERE IS IT OK TO VENTILATE AN ACTIVE FIRE BUILDING?


















Advancing a hose-line with a smoke shaft to the rear, NYC EMPIRE STATE BUILDING FIRE 51ST FLOOR 1990

EMPIRE STATE BUILDING FIRE NYC 1990

As there was a **smoke shaft located immediately behind** the advancing firefighters protecting an evacuation stairway, the flow path exacerbated the heat and smoke conditions being driven directly at the firefighters. Despite two 65mm hose-lines being advanced towards the fire the firefighters were unable to make little headway against the flames.



A change in strategy saw firefighters successfully redeploy using an alternative corridor, avoiding the negative flow-path created by a smoke shaft behind their advance.



Advancing a hose-line along the corridor, WHY does the fire turn right towards you?



ST

Firefighter Safety a concerr in extended corridors

The July/August 2011 Issue of FRM Journal UEF presented Crist Modelling, research understame by Paul Grimwood Into the existing confilts between anoles shoft locations and firefighter approaches from a Hirghting shaft is single stath buildings. By utilising the HYC Watts Street CRAS fire model produced by NNT (under-ventilated conditions), it was demonstrated that monkee extract shafts located next to, or news, statis in extended corridors presented a potential firefighter hazard.

his research was later presented at the ternational "CuroFier" (in engineering onference in Paris in 2011 and led to nanges in smoke shaft location design in a subsequent publication of the SCA uide in 2015. This placed extracting moke shafts away from the stair and creased firefighter safety dramatically.

'PRESSURE DIFFERENTIALS'

If the pressure differential is reduced behind the firefighters advance, either through the opening of a smoke shaft or a stair door, the fire will head towards the lowest pressure.





The July/August 2011 issue of FRM Journal (IFE) presented CFAST modelling research undertaken by **Kent Fire and Rescue Service** into the existing conflict between smoke shaft locations and a firefighter's approaches from a firefighting shaft in single stair buildings.

This research was later presented at the international **'EuroFire'** fire engineering conference in Paris in 2011 and led to changes in smoke shaft location design in the subsequent publication of the SCA Guide in 2015. This placed extracting smoke shafts away from the stair and this one change increased firefighter safety dramatically.









Mechanical Smoke Ventilation Systems (MSVS) (SCA Guidance 2015)

Exposure Condition	Maximum exposure time (minutes)	Maximum air temperature (⁰ C)**	Maximum radiated heat flux (kW/m ²)	Remarks	Recommended distance from apartment door*
Routine	25	100	1	General fire- fighting	15-30m
Hazardous	10	120	3	Short exposure with thermal radiation	4-15m
Extreme	1	160	4 – 4.5	For example, snatch rescue scenario	2-4m
Critical	<1	>235	>10	Considered life threatening	0-2m

The design guidance produced by the Smoke Control Association in 2015 for extended corridor MSVS took into account the 2011 research and demonstrated how placing the extracting shaft away from the stairs will improve firefighter safety and reduce exposure to unnecessary heat and smoke during firefighting.





"Experience is what you get five minutes after you needed it"



'Don't let us look back tomorrow and say what we did today, we could have done better'.....

PLAN – PREPARE – EQUIP – TRAIN for it